



CLEARSPRING
PHARMACY

www.ClearspringRx.com



October is National Breast Cancer Awareness Month.

Early detection of breast cancer often improves the outcome of treatment.

Therefore, make sure you and the women you know do self-exams each month, report any unusual bumps or changes in



size of the breast, and are regularly screened for breast cancer. Ask our pharmacist how various types of hormones may affect your risk of breast cancer. We know that survival is the goal but often not the end of a woman's journey with breast cancer. Quality of life is so important, and treatment may cause ongoing unpleasant side effects, plus cancer survivors often live in fear of recurrence. Women who have had breast cancer may be suffering but don't want to complain because they are grateful to be alive. If you or someone you love has ongoing problems after chemotherapy or radiation (such as discomfort, weight gain, fatigue, mental cloudiness, mood swings or gastrointestinal upset), talk to our pharmacist. We recommend reading "The Definitive Guide to Thriving After Cancer: A Five-Step Integrative Plan to Reduce the Risk of Recurrence and Build Lifelong Health" by Lise Alschuler, ND, which emphasizes a comprehensive approach needed for optimal health and recurrence prevention.

© Storey Marketing. All Rights Reserved.

We care about our patients and want to provide you with quality information about your health. If you ever have

Stay Connected



Shop online 24/7



Cherry Creek

201 University Blvd. #105

Denver, CO 80206

303-333-2010 (phone)

303-333-2208 (fax)



questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Highlands Ranch

206 West County Line Rd.
Highlands Ranch, CO 80129
303.707.1500 (phone)
303.707.1717 (fax)

