



COVID-19 Test Kits Available at Clearspring Pharmacy!

Clearspring Pharmacy has two options for COVID-19 test kits! No appointment necessary.

MicroGenDX test kits are \$199. MicroGenDX is a CLIA/CAP certified high complexity lab which has been validated and added to the FDA website as a resource laboratory for COVID-19 Testing. The test is performed in the privacy of your own home using sputum and includes a FedEx self-mailer. The results will be sent to Clearspring Pharmacy and one of our pharmacists will contact you with the results.

Also available from Vivera Pharmaceuticals is the COVID-19 Rapid Test for \$199. This is an in-vitro diagnostic test for the qualitative detection of IgM and IgG antibodies to the SARS-CoV-2 virus in human serum. Accurate results in 20 minutes!

Ask us form more information!

Have you been laid-off or furloughed due to COVID-19?

If you are having trouble paying for your cash compounded prescriptions at this time, please speak to one of our professional staff members to find out how we can help you. We do not want you to discontinue or alter your medication regiment due to financial hardship. **We can help!**

Natural Stress Relief

These are stressful times, and stress can affect every system and organ in the body, particularly the adrenal glands, nervous system and endocrine system. Stress can lead to anxiety, depression, trouble sleeping, and weight gain and can have a significant impact on a person's health and nutritional status.

Virtually any form of exercise can act as a stress reliever, but activities such as walking or jogging that involve repetitive movements of large muscle groups can be particularly stress relieving. Regular exercise helps release endorphins, which are chemicals that improve your mood and act as natural painkillers. Exercise can also improve your sleep quality and regular exercise improves feelings of confidence and mood, which in turn promotes mental wellbeing.



Your body's requirements for B-vitamins and vitamin C increase during times of stress because B-

vitamins are needed to produce hormones involved in the stress response. It is important to replenish and or maintain optimal levels of these nutrients to limit the potentially damaging physical and emotional effects that stress can have on the body. Supportive herbs such as valerian, hops and skullcap, as well as the mineral magnesium can help calm the body during stress. Scientific studies have shown that the natural amino acid L-Theanine relieves mental tension, promotes relaxation and deep restful sleep without causing drowsiness or other unwanted side effects. Research on L-Theanine also suggests that it can have significant benefits for cardiovascular, immune and neurological health.

Ask our professional staff to recommend the best supplements to help you relieve stress naturally.

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Be sure to follow [@ClearspringPharmacy](#) on Instagram to keep up with the latest happenings at the pharmacy and important health information!



Download our App

ClearSpring mobileRx app allows you to refill prescriptions on your mobile device at your convenience. You can refill multiple prescriptions on a mobile device by entering your prescription numbers, scanning the barcode on the prescription bottles or using your Patient Profile.

[LEARN MORE](#)



Two-Way Text Communication

At ClearSpring Pharmacy, we now offer two-way text communication where we can communicate conveniently about your prescription, refill status, insurance, etc. Ask your pharmacist for details.



Littleton

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Shop our Littleton
Location



Cherry Creek

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Shop our Cherry
Creek Location



ClearSpring Pharmacy's Littleton location is a PCAB® Accredited Compounding Pharmacy. [Learn more about PCAB® Accreditation.](#)



We care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.