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PHARMACY

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Increase in Use of Compounded Hormone Therapy

Over the past 15 years, there has been a continual increase in the use of compounded bioidentical Hormone Therapy, compared to manufactured combinations, for the treatment of menopausal signs and symptoms. Using a combination of internet survey data, US Census Bureau statistics, and prescription data, a recent US study estimated that compounded bioidentical hormone therapy may account for 28% to 68% of all hormone therapy prescriptions and each year, it may be used by 1 to 2.5 million women over the age of 40.



The use of compounded bioidentical hormone therapy became more common starting in 2002, after the Women's Health Initiative (WHI) showed possible harm in women with an average age of 63 who were treated for more than 5 years with the synthetic hormones conjugated equine estrogens (CEE) and medroxyprogesterone acetate (MPA). Published data suggests a better safety profile for estradiol and natural progesterone therapy versus conjugated equine estrogens and progestins.

Customized estradiol and progesterone combinations are available through our compounding pharmacy. We welcome your questions and the opportunity to work with you and your doctor to solve your medication problems.

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READ MORE ABOUT HORMONE THERAPY FOR WOMEN

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