



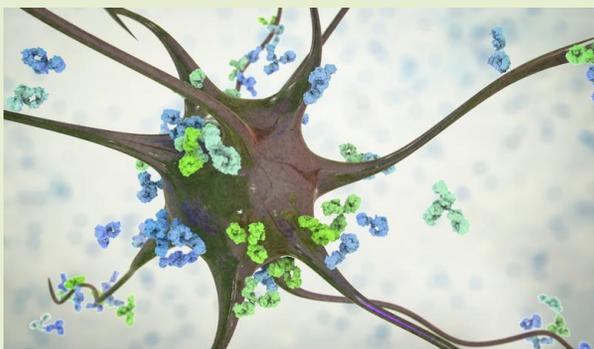
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Customized Therapy for Chronic Pain and Autoimmune Diseases

Autoimmune disease happens when the body's natural defense system mistakenly attacks normal cells. There are more than 80 types of autoimmune diseases that affect over 23 million Americans, and nearly 80 percent of those affected are women. Types of autoimmune disease include lupus, rheumatoid arthritis and thyroid disease.



The cause of autoimmune disease and why more women are affected is unknown. One theory is that higher levels of hormones in women, especially during the childbearing years, could make women more susceptible to autoimmune diseases. The incidence of autoimmune disease is increasing dramatically with environmental toxins and gut microbiome playing a significant role.

Recently, LDN has been used as an off-label therapy for several chronic diseases. New studies support the benefits of using Low Dose Naltrexone (LDN) to manage autoimmune disorders such as Crohn's disease and multiple sclerosis. LDN causes different pharmacological effects than higher doses of naltrexone which is an FDA-approved medication to treat addiction.

LDN has been used to treat:

- Memory loss, mood disorders, and neurological conditions
- Post-COVID Syndrome
- Psoriasis and other chronic inflammatory skin conditions and itching associated with eczema, cholestasis, burns, etc.
- Orofacial pain
- Autoimmune diseases including multiple sclerosis and inflammatory bowel disease
- Chronic pain disorders including fibromyalgia, complex regional pain syndrome (CRPS), and diabetic neuropathy

LDN may also be helpful in treating cancer-related pain and may improve quality of life in patients unable to tolerate chemotherapy due to LDN's immune-enhancing effects. Research indicates that LDN may promote resilience and emotional well-being, as well as improvement of psychiatric problems such as anxiety and depression. However, larger studies need to confirm these potential benefits.

LDN is a viable treatment option for chronic pain disorders because LDN is an anti-inflammatory and immunomodulator. Other drugs used to treat chronic pain, such as nonsteroidal agents (NSAIDs) like ibuprofen, have adverse effects of gastrointestinal bleeding, renal injury, and increase a patient's risk of myocardial infarction or stroke. Conversely, LDN has minimal adverse side effects and is relatively inexpensive compared with other options for chronic pain. There has not been any observed toxicity or withdrawal symptoms with chronic use.

LDN is not commercially available but can be prescribed for preparation by a compounding pharmacy.

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ClearSpring is proud to be an independent, community pharmacy. We do our best to care for our patients and actively support campaigns to help lower healthcare costs. Visit <https://www.fight4rx.org/> to learn more.



Visit our website for the latest information about COVID-19 Testing and Vaccinations at ClearSpring Pharmacy.

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Have you been laid-off or furloughed due to COVID-19?

If you are having trouble paying for your cash compounded prescriptions at this time, please speak to one of our professional staff members to find out how we can help you. We do not want you to discontinue or alter your medication regimen due to financial hardship. ***We can help!***

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ClearSpring mobileRx app allows you to refill prescriptions on your mobile device at your convenience. You can refill multiple prescriptions on a mobile device by entering your prescription

numbers, scanning the barcode on the prescription bottles or using your Patient Profile.

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Two-Way Text Communication

At ClearSpring Pharmacy, we now offer two-way text communication where we can communicate conveniently about your prescription, refill status, insurance, etc. Ask your pharmacist for details.



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We care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

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