



“Maskne” - Face Masks and Skin Irritation

“Maskne” – or mask acne – can result from regular or prolonged use of face masks. Trapped moisture, bacteria, oils, and dirt can clog pores and contribute to acne, rosacea, folliculitis and irritation. Your skin can also be damaged by friction if your masks rub the bridge of your nose, cheekbones, or behind your ears.



To help decrease the occurrence and severity of these problems, wash or replace your masks frequently. It’s helpful to wash masks and your face with a fragrance-free cleanser. Using fragrance-free moisturizer that contains ingredients such as ceramide, hyaluronic acid and dimethicone can help protect your skin without clogging pores.

We can compound facial cleansers that contain helpful ingredients such as salicylic acid, niacinamide, and glycolic acid. Ask us about medicated gels to help with minor skin irritation, itching, redness and mild blemishes, including bases that may improve the appearance of red and blotchy skin.

Reference:

<https://www.oregonclinic.com/about-us/blog/tips-dealing-maskne>

Ask our compounding pharmacist for more information about customized medications to meet your specific needs.

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COVID-19 Test Kits Available at Clearspring Pharmacy!

Clearspring Pharmacy has two options for COVID-19 test kits! No appointment necessary.

MicroGenDX test kits are \$199. MicroGenDX is a CLIA/CAP certified high complexity lab which has been validated and added to the FDA website as a resource laboratory for COVID-19 Testing. The test is performed in the privacy of your own home using sputum and includes a FedEx self-mailer. The results will be sent to Clearspring Pharmacy and one of our pharmacists will contact you with the results.

Also available from Vivera Pharmaceuticals is the COVID-19 Rapid Test for \$199. This is an in-vitro diagnostic test for the qualitative detection of IgM and IgG antibodies to the SARS-CoV-2 virus in human serum. Accurate results in 20 minutes!

Have you been laid-off or furloughed due to COVID-19?

If you are having trouble paying for your cash compounded prescriptions at this time, please speak to one of our professional staff members to find out how we can help you. We do not want you to discontinue or alter your medication regiment due to financial hardship. **We can help!**

Be sure to follow [@ClearspringPharmacy](#) on Instagram to keep up with the latest happenings at the pharmacy and important health information!



Download our App

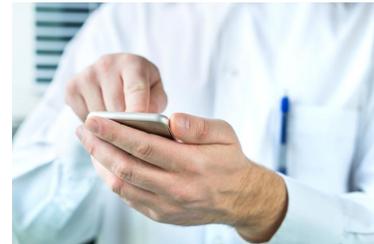
ClearSpring mobileRx app allows you to refill prescriptions on your mobile device at your convenience. You can refill multiple prescriptions on a mobile device by entering your prescription numbers, scanning the barcode on the prescription bottles or using your Patient Profile.

[LEARN MORE](#)



Two-Way Text Communication

At ClearSpring Pharmacy, we now offer two-way text communication where we can communicate conveniently about your prescription, refill status, insurance, etc. Ask your pharmacist for details.



Littleton

8031 Southpark Circle, Suite B
Littleton, CO 80120
303.707.1500 (phone)
303.707.1717 (fax)

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Cherry Creek

201 University Blvd. #105
Denver, CO 80206
303.333.2010 (phone)
303.333.2208 (fax)

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We care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.