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PHARMACY

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Couplepause: Treating Hormone Imbalance

Over At midlife and beyond, both men and women face changes that can affect sexual functioning. For women, estrogen deficiency can lead to vaginal dryness, irritation/itching, inadequate lubrication, and painful relations. For men, the prevalence of erectile dysfunction increases with age, and some men develop testosterone deficiency. While typically one individual seeks treatment, it is helpful to address the sexual health needs of the aging couple as a whole. Taking a couple-oriented approach to evaluating and managing "couplepause" in the latter half of life can dramatically and simultaneously help both members of the couple to improve sexual satisfaction and intimacy.



[Sex Med Rev. 2018 Jan 19. pii: S2050-0521\(17\)30141-5.](#)

Ask our pharmacist about testing for hormone imbalances and the benefits of customized hormone restoration therapy.

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At ClearSpring Pharmacy, we specialize in customized hormone therapy for men and women. We also offer many options for erectile dysfunction. [Read more](#)

We care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Stay Connected



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